

**ICA
COUNCIL
ON**

WELLNESS

LIFESTYLE SCIENCE

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**WELLNESS LIFESTYLE
PROGRAM MODULES**

Scientific and Philosophical Validation of Chiropractic **1**

Wellness Nutrition and Natural Health **2**

Wellness Physical Fitness and Spinal Hygiene **3**

Wellness State of Mind, Stress Hygiene and Secrets of Eliciting Patient Lifestyle Change **4**

ON-SITE SEMINARS FOR 2011

INDIANAPOLIS, IN

- 1 March 12-13
- 2 June 25-26
- 3 July 23-24
- 4 November 5-6

PORTLAND, OR

- 1 April 16-17
- 2 June 4-5
- 3 October 15-16
- 4 November 19-20

ATLANTA, GA

- 1 May 21-22
- 2 August 6-7
- 3 October 29-30
- 4 December 3-4

For Hotel, Program & Seminar Detail, visit
www.chiropractic.org

Wellness Lifestyle Science Program and Certification Growing — New Locations & Name Updates for 2011!

WELLNESS LIFESTYLE SCIENCE NEWS

WINTER 2011 EDITION

Proactive New Updates for Council, Program & Certification Designations

The Council and its program designations have recently undergone a special, proactive update with the name change to include and highlight the Lifestyle component of the Wellness paradigm. The ICA Board of Directors recently approved a proposal by the Council's Board of Directors to designate a name change to **ICA Council on Wellness Lifestyle Science**. The name change includes the references for the seminar programs and curriculum, as well as the Certification designation. The seminar series will be referred to as the Wellness Lifestyle Program. The Certification designation will include the term and be referred to as Certified Chiropractic Wellness Lifestyle Practitioner (the initials will continue to be designated as C.C.W.P., and certified doctors are able to use both the new reference and the original Certified Chiropractic Wellness Practitioner verbiage. "This update in name designations reflect the growing need to emphasize the role lifestyle has in the wellness paradigm," notes Dr. James Chestnut, Council Chairperson. "In an era where pharmacies and health care practitioners of many orientations are simply adding "wellness" to their name but not truly addressing the wellness paradigm, it is especially important to emphasize the powerful role chiropractic holds in wellness lifestyle choices, and the authoritative levels of expertise that doctors holding the C.C.W.P. credential hold after completing the certification."

This group of doctors most recently awarded the distinctive C.C.W.P. certification designation had completed their requisites through the ICA Wellness Lifestyle Council receive a certification designation that will read as "Certified Chiropractic Wellness Lifestyle Practitioner" with the CCWP credential abbreviation. The group of doctors most recently awarded the distinctive C.C.W.P. certification designation include:

The group of doctors most recently awarded the distinctive C.C.W.P. certification designation include:

- Justin Lee Allen, D.C., C.C.W.P.
- Allen Ashforth, D.C., C.C.W.P.
- Maureen J. Borghoff, D.C., C.C.W.P.
- Laine Caddy, D.C., C.C.W.P.
- Robert Delgado, D.C., C.C.W.P.
- Edna Giuntini, D.C., C.C.W.P.
- Gary Harcourt, D.C., C.C.W.P.
- Theresa Illingsworth, D.C., C.C.W.P.
- Robert Leo Menner, D.C., C.C.W.P.
- Jason Omer, D.C., C.C.W.P.
- Devin Orton, D.C., C.C.W.P.
- Kurt B. Perkins, D.C., C.C.W.P.
- Eric Ryan Schaid, D.C., C.C.W.P.
- Michelle Thompson, D.C., C.C.W.P.
- Amy Michelle Willcockson, D.C., C.C.W.P.
- Matthew Christopher Windsor, M.C., C.C.W.P.
- Randy C. Wurts, D.C., C.C.W.P.
- Jake Wyllie, D.C., C.C.W.P.

WELLNESS COUNCIL BOARD OF DIRECTORS

The ICA Council on Wellness Lifestyle Science continues to grow, including the development of initiatives in program mission, vision, and advocacy being launched by the Council Board of Directors. The following doctors are serving to advance the Council as a voice and resource center for scientific wellness and informed lifestyle Intervention:

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|-------------------------|--------------------------|
| Chair: | Dr. James Chestnut |
| Vice Chair: | Dr. Diana Galish-Frasier |
| Secretary-Treasurer: | Dr. Peter Thibodeau |
| Board Members At Large: | Dr. Michael J. Eberle |
| | Dr. Brant Huslebus |
| | Dr. Kevin P. Walsh |

WELLNESS COUNCIL REFERRAL DIRECTORY EXPANDS ITS REACH:

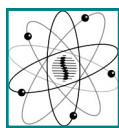
The ICA Council on Wellness Lifestyle Science membership database is a featured component of the growing outreach resources through the International Chiropractors Association website at www.chiropractic.org and other outlets, and is a highlighted element of the International Chiropractors Association Science Councils Referral Directory system. Features now include regional and alphabetical search tools plus time zone conversion links for different locations around the globe. The Wellness Lifestyle Council Membership Referral Directory includes regional listings for member doctors plus highlighted directory features for those holding the CCWP certification — accessible through the Council web pages at www.chiropractic.org/wellness.

NEW FAQ: ON WELLNESS AND C.C.W.P.!

Additional Q&A resources are in preparation for enhanced combinations of professional and patient informational initiatives on wellness education, certification, and patient/community resources to help inform, inspire, and update more people in making constructive lifestyle changes and understanding the impact of their choices. FAQ are posted on the Council pages at www.chiropractic.org/wellness

Wellness Certification Exam Cycles Continue with Growing Numbers of New Candidates!

The Certification Final Examination for the C.C.W.P. credential is administered in testing cycles over the year for candidates who completed their program requisites, launched in three testing cycles, administered as Winter, Spring, and Fall sessions. For more information visit the Certification program information posted on the web, check the FAQs, or also e-mail any questions to wellness@chiropractic.org.



The ICA Council on Wellness Lifestyle Science is the credentialing body for the Certified Chiropractic Wellness Lifestyle Practitioner (C.C.W.P.) program and coordinates certification processing and records: www.chiropractic.org



The Life Chiropractic College West Department of Postgraduate & Continuing Education is the sponsoring CCE-accredited college for ICA C.C.W.P. seminar CE; updates on state approvals are located at: www.lifewest.org