Chiropractic Care & COVID-19

Guidelines to ensure a safe practice for yourself, your patients, your staff, and your community.

*For more resources, visit chiropractic.org/covid.*

**Maintain a safe office environment.**

1. Respect and follow local and state directives on office closures and seeing patients.
2. Stay in touch with patients, ensure they are not showing symptoms prior to arrival.
3. Have patients wait in their car or rearrange your waiting room to maintain safe social distance (6ft.).
4. Use antiseptic products to clean treatments surfaces between each patient.
5. Disinfect all commonly used surfaces regularly, including knobs and handles.
6. Wash hands thoroughly, frequently, and between patients.

**Be safe, be vigilant.**

The health and safety of our entire community relies on everyone staying aware and making smart decisions. *Together, we will get through this.*

**Symptoms to look for:**
- Fever
- Cough
- Shortness of breath

**Go the extra mile.**
- Changes clothes and shoes before leaving the office.
- Consider using full length, disposable paper table covers if possible.
- Remove magazines, toys, and other frequently touched items from waiting areas.

*For more information, resources, and updates, visit: chiropractic.org/covid*