

ICA POLICY STATEMENT ON

Low-Force Adjustive Techniques

The International Chiropractors Association recognizes chiropractic techniques that utilize low-force adjustments and soft tissue contacts to achieve correction of the varied components of the subluxation complex. Such techniques, when utilized in attempts to reduce and stabilize biomechanical lesions through alteration of the biodynamics of the musculoskeletal system, are recognized as part of chiropractic practice.