

ICA POLICY STATEMENT ON

The Use of Anabolic Steroids

The use of anabolic steroids presents a serious health hazard to athletes of all age groups. The use of such growth and performance drugs is rapidly on the rise in all forms of sports. The easy availability of such drugs from illegal sources is increasing to feed a growing demand.

The International Chiropractors Association recognizes the hazards presented by the illegal distribution and use of anabolic steroids and other related drugs and strongly encourages doctors of chiropractic to incorporate factual information on this problem, as appropriate, in patient and community education programs.

The ICA supports strong legislation to deter the distribution and use of these substances and urges a vigorous program of education be undertaken by public health authorities. The ICA pledges to do all it can as a responsible professional society, to educate the public both to the damages of steroid use and to the benefits of drug-free athletic competition.