



**International Chiropractors Association
Policy on Health Freedom**

Whereas, the United States is a nation founded with the recognition of our inalienable rights to life, liberty, and the pursuit of happiness; and inherent to this is the right of individual healthcare decision making.

Whereas, there are over 70,000 licensed Doctors of Chiropractic in the United States;

Whereas, the International Chiropractors Association is the oldest, continuously functioning professional association representing Doctors of Chiropractic in the United States;

Whereas, the Nuremberg Code, which is widely regarded as the most important document in history of ethics in medical research, states the voluntary consent of the human subject is absolutely essential with respect to experimentation on human subjects, according to “Fifty Years Later: The Significance of the Nuremberg Code” published by Shuster in the New England Journal of Medicine¹:

“This means that the person involved should have legal capacity to give consent; should be so situated as to be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, overreaching, or other ulterior form of constraint or coercion; and should have sufficient knowledge and comprehension of the elements of the subject matter involved as to enable him to make an understanding and enlightened decision.”

Therefore, be it resolved, that the International Chiropractors Association, their representing healthcare providers, maintains that every individual must retain freedom of choice with respect to any healthcare product, procedure, or medication.

Be it further resolved, that the International Chiropractors Association opposes the mandating of any healthcare product, procedure, or medication.

And be it further resolved, that the International Chiropractors Association strongly opposes the use of medical mandates that constrain the practice of doctors of chiropractic and their staffs and limit their clients’ access to care.

As an ICA member, if you are experiencing limitations to your health freedom in the United States, please contact the ICA at chiro@chiropractic.org.

Approved August 12, 2021

¹ Shuster E. Fifty years later: the significance of the Nuremberg Code. N Engl J Med. 1997 Nov 13;337(20):1436-40. doi: 10.1056/NEJM199711133372006. PMID: 9358