

Dr. Gabrielle Lyon

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<http://www.drgabriellelyon.com>

EDUCATION

Washington University in St. Louis, Combined Nutritional Science Research & Geriatrics Fellowship	2015
North Shore-Long Island Jewish Medical Center, Department of Family Medicine	2013
Family Practice Residency	
University of Louisville, Department of Psychiatry, Psychiatry Residency	2008
Arizona College of Osteopathic Medicine, Doctor of Osteopathic Medicine	2006
University of Illinois at Urbana-Champaign, Department of Food Science and Human Nutrition,	2001
Bachelor of Science in Human Nutrition with a Minor in General Chemistry	
University of Limerick, Ireland, Department of Exercise Physiology, Study abroad program	1998

LICENSES / CERTIFICATION

Medical License, State of North Carolina	2021 - Present
Medical License, State of Florida	2019 - Present
Medical License, State of Washington	2020 - Present
Medical License, State of California	2020 - Present
Medical License, State of New Jersey	2020 - Present
Medical License, State of New York	2013 - Present
Board Certification, Family Medicine	2013 - Present

PROFESSIONAL EXPERIENCE

CEO, Young Medical PC, Private Practice,	2019- Present
<i>The Institute for Muscle-Centric Medicine is a think tank that creates innovative protocols in the area of human potential. It serves the highly motivated with the goal of combining evidence-based nutritional science interfacing with preventative medicine.</i>	
Medical Advisor, Women's Health Magazine	2022-Present
Medical Advisor, Hunter Seven Foundation	2019-Present
<i>HunterSeven Foundation provides information to veterans at a heightened risk, empowering them to work with medical providers to identify diseases in the earliest stages, before the onset of signs and symptoms. I assist with establishing protocols for early detection, education, and treatment for cancer and toxic exposures. I participate in an advisory and researcher role for this non-profit organization.</i>	
Co-Director and Director of Medical Nutritional Therapy, Ash Center for Comprehensive Medicine	2016 – 2019
<i>Advanced metabolic and nutritional therapies for optimizing body composition, performance, and aging. Treatment of autoimmune disorders, chronic gastrointestinal disorders, and hormonal and metabolic disorders. Therapies include bioidentical hormone replacement therapy, heavy metal detoxification, IV nutrient therapy, vitamin/mineral testing, organic acid testing, and a wide array of predictive disease biomarkers.</i>	
Medical Director Integrative Healing	2018 - 2019
<i>Oversee the medical practice, including medical care and proper management of patients</i>	